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## THE TEAM

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The Central Maine Pediatrics team includes board-certified pediatricians, nurse practitioners, registered nurses, licensed practical nurses, medical assistants, and a support staff who together provide care for newborns, children, and adolescents. A pediatric cardiologist also sees patients who have or may have heart-related health issues. A licensed clinical social worker provides mental health services to pediatric patients with psychosocial concerns.

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## PATIENT SERVICES

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Central Maine Pediatrics care providers perform routine physical and gynecological examinations, provide preventive care, and manage acute and chronic pediatric disease. They also perform minor procedures, and counsel patients on a wide range of health and lifestyle issues. The practice's pediatric cardiologist offers consultations and follow-up patient care.

### *Specific services provided by Central Maine Pediatrics include, but are not limited to:*

mental health	hearing tests
laboratory testing	vision testing
spirometry testing for asthma and lung testing	skin procedures
pulse oximetry	lumbar puncture
EKGs	removal of foreign body
Holter monitoring	ear lavage (irrigation)
echocardiograms	urinary catheterization
tympanometry (middle ear evaluation)	suture removal
	inhalation therapy

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## HOURS

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8 a.m. to 7 p.m., Monday thru Friday  
8 a.m. to noon Saturday (acute care only)  
Pediatric physician coverage (hospitalist service)  
is available at all times

*To schedule an appointment, or for more information, call 795-5730.*

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## INPATIENT CARE AT CMMC

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Central Maine Medical Center's Pediatrics Unit provides expert inpatient nursing care for children of all ages, newborn through adolescence.

Located on the third floor of CMMC's Thompson Wing (T3), the Pediatrics Unit is committed to providing outstanding services that are responsive not only to each patient's clinical situation, but also to the needs of the patient's family.

### *The Team*

The CMMC Pediatrics Unit healthcare team includes physicians, registered nurses and skilled support staff. The healthcare team members have special training and years of experience in the care of ill or injured children.

A CMMC pediatric hospitalist will be in contact with your primary care pediatrician during your child's inpatient stay.

### *The Inpatient Experience*

Having a child admitted to the hospital can be a difficult time for families. The CMMC Pediatrics Unit staff recognizes this fact and makes every effort to help families cope during times of illness and injuries that require hospitalization. Social services, financial services and chaplain visits are all available to families during hospitalization.

### *During Your Child's Stay At CMMC*

Parents are encouraged to spend as much time as they are able to with their child during their child's hospitalization. Parents are welcome to spend the night with their child. Meals are available to parents who room-in with their child. Other family members and friends may visit the child too, as long as the visit does not disrupt the patient's care or the family's routine.

*To learn more about the CMMC Pediatrics Unit, call 795-2643.*



CENTRAL MAINE PEDIATRICS IS A HEALTH-CARE PRACTICE THAT SPECIALIZES IN THE CARE OF YOUNG PEOPLE. AS A CLINICAL DEPARTMENT OF CENTRAL MAINE MEDICAL CENTER, THE PRACTICE IS COMMITTTED TO PROVIDING OUTSTANDING SERVICES THAT ARE RESPONSIVE TO EACH PATIENT'S INDIVIDUAL NEEDS.

LOCATED IN SUITE 301 OF THE 12 HIGH STREET MEDICAL OFFICE BUILDING, WHICH IS DIRECTLY CONNECTED TO CMMC, CENTRAL MAINE PEDIATRICS OFFERS THE SERVICES OF AN INTEGRATED HEALTHCARE TEAM IN AN ENVIRONMENT THAT ENCOURAGES COMPASSIONATE, OUTSTANDING PATIENT CARE.

CENTRAL MAINE PEDIATRICS SERVES THE UNIQUE HEALTHCARE NEEDS OF YOUNG PEOPLE, FROM NEWBORNS TO YOUNG ADULTS.

CENTRAL MAINE PEDIATRICS

# CENTRAL MAINE PEDIATRICS

*& Inpatient Care at CMMC*



CENTRAL MAINE PEDIATRICS  
12 HIGH STREET, SUITE 301  
LEWISTON  
795-5630

CENTRAL MAINE MEDICAL CENTER  
PEDIATRICS UNIT  
300 MAIN STREET  
LEWISTON  
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[WWW.CMMC.ORG](http://WWW.CMMC.ORG)

 **Central Maine  
Medical Center**  
The Central Maine Medical Family