



Guest Speaker for the November CMMC Associate meeting was Dr. Carmine Frumiento from Central Maine Vascular Associates. Dr. Frumiento focused on the causes of varicose veins and treatment options which included Microphlebectomy, Sclerotherapy, and Venous Ablation. Central Maine Vascular Associates offers vascular surgery and endovascular intervention. To learn more about the services provided, please visit [www.cmhvi.org](http://www.cmhvi.org) or call (207) 795-8260

### **NEXT MEETING**

**Holiday Celebration  
The Arbor House  
December 12, 2011  
Noon to 1:00 PM**

Each year, the Associates collect items to benefit the patients and families that call the Arbor House their "Home away from Home". Attached to this newsletter is a "Wish List" of items needed. Jeri Maurer, Arbor House Guest Relations Manager, has added some new items this year. Please consider collecting items at your place of business and then bring them on December 12th to the Arbor House Associates meeting. We look forward to seeing you there!

### **WELCOME GUESTS**

**Richard Bourget ~ Wal Mart Distribution  
Judy Vardamis ~ MPBN  
Brenda Bradbury ~ H&R Block  
Rick Small ~ Good Shepherd Food Bank**

### **MEMBER PROFILES**



Ward Graffam Jr. is Manager of Commercial Banking activity for Central and Southern Maine for Camden National Bank. He recently joined the Associates group in April of 2011. He volunteers his time with the Red Cross,

Habitat for Humanity, and in the Town of Falmouth. He enjoys boating and skiing. Ward was interested in joining the Associates group because he wanted to be active in the community.



Amanda Theberge is Director of Sales for the Hilton Garden Inn Auburn Riverwatch. She volunteers her time with the Chamber Regional Image Committee, Board of Directors for L/A Arts, Business to Business Trade Show, YPLAA, Maine

Women's Network, and has been a CMMC Associate since 2008. Amanda enjoys reading, light hiking, and spending time with her two sons. She became interested in the Associates group because she wanted to get more involved with the community and network with other professionals.

### **SAVE THE DATE**

**2012 GALA ~ SATURDAY, MARCH 24, 2012  
TO BENEFIT THE NEW  
MATERNITY DEPARTMENT**