

# EMPLOYEE ROUNDS

*News for Employees from Employees*



*Our mission is to provide exceptional healthcare services in a safe and trustful environment through the expertise, commitment and compassion of our family of caregivers*

December, 2011

Volume 10 • Number 10

# HAPPY HOLIDAYS

## *Claire McDonough receives award*

Last week (December 3rd through 8th) The American Society of Health-System Pharmacists held their annual Midyear Clinical Meeting. During this week Comprehensive Pharmacy Services (CPS), the company that provides pharmacy services to CMMC, Rumford, Bridgton and Parkview Hospitals also gathers their Directors of Pharmacy and Clinical Coordinators. As part of that gathering there is a dinner where everyone is updated on the company's progress and the accomplishments of the various practice sites are recognized.

Additionally an award is given in honor of the founder of CPS, Ed Hirschman. This is the highest recognition the company awards. This year we are proud to announce that our very own Claire McDonough received this award. Claire has been on staff at CMMC for 28 years. She functions as our lead IT pharmacist in addition to maintaining her clinical staffing responsibilities. Anyone who knows Claire knows that she is one of the most dedicated persons you'll ever want to meet. She has been through good times and bad and has never wavered from her commitment. Thanks to her efforts working with Cerner she has devised many solutions to make PowerChart and Pharmnet function as well as it does. She is tireless in finding approaches that enhance the safety of Medication Management. She led the pharmacy's efforts to establishing bedside barcoding for the administration of our drugs at all three hospitals. This included numerous training and work sessions at all three hospitals. She brings the same dedication to many other IT applications as well. Her efforts have crossed over to all hospitals in the CMHC system. Claire is truly deserving of this recognition."



# Happenings



## Books Are Fun Fundraiser

The Development Office fundraising event, Books Are Fun, held on November 7th, 8th, and 9th, raised \$3,405 to benefit the Employee Emergency Assistance Fund. Thank you to all the employees who came out to the book fair in support of the Employee Emergency Assistance Fund and congratulations to our door prize winners, Barbara Lyman, Sandra Parshall, and Jean Elie.

The Employee Emergency Assistance Fund was created to assist CMMC employees who are experiencing an urgent financial hardship. Since the inception of this fund in January of 2010, the fund has given out 106 awards. For more information about the Employee Emergency Assistance fund, please go to the portal under Organization Resources>CMMC Development Office>Employee Emergency Assistance Fund Application. For additional information, contact the Development Office at 795-2950.



## NEW Employee Health Clinic Hours

Effective: January 2, 2012 – Employee Health will pilot new clinic hours.

In order to better serve our employees, clinic hours will be as follows effective: January 2, 2012 - Monday-Friday from 7:30am-4:00pm.

Please contact Employee Health with any questions or concerns.



## PPD Update

We are at a critical point in our annual PPD drive. Please ensure that you are compliant for 2011. PPDs must be completed by December 31, 2011 to begin work on January 1, 2012.

Please contact Employee Health with any questions or concerns.



## CMMC Employee 3rd Annual Holiday Food Drive

On behalf of the CMHC Development Office and our Employee Ambassadors, THANK YOU to the dozens of departments and hundreds of employees who took the time to collect donations of non-perishable food and toiletries for our Third Annual Employee Food Drive. Through your efforts, we were able to provide 90 bags of nonperishable foods to employees and their families.

Thank You to Employee Ambassadors, Joanne Galgano, Tessa Herland, Nannette Thibeault-Shedd, Sue Melanson, Donna Lafean, Jeanne Mathews and Volunteers Janice Bilodeau and Harold Warner for helping sort and stack the hundreds of cans and boxes.

# For Your Benefit

We Honor Our  
Family Members



## 2011 Spending Accounts

It is the time of the year when you must be sure to spend your 2011 Spending Account. The IRS states your plan must work on a "Use it or Lose it" basis. The "Use it" date is December 31, 2011 and the "Lose it" date is March 31, 2012 (NOTE: you must have "incurred" the expense by 12/31/11 but you have 3 additional months to do the paperwork.) If you have any balance remaining, you must submit them to UMR for reimbursement by the end of March. If you are unsure if you have a balance, give UMR a call at 1-866-868-7406.

Remember, there are forms for submitting receipts on [www.cmmfhealthydecisions.com](http://www.cmmfhealthydecisions.com). Finally, Benny Card users are reminded the card takes funds from the year in which the date of service occurs. So, if you have an eye exam in December and get a bill in January, do NOT use the Benny card in January as it will reimburse funds from your 2012 account.

Advice to all Spending Account members: Save all co-pay and deductible receipts. Watch your balances. Keep track of your "mileage."

If you have any questions on spending accounts, please contact your Human Resources office.



## BENEFIT CONFIRMATION STATEMENTS

### 2012 Open Enrollment

The Human Resources office is distributing Confirmation Statements to each person enrolled in the corporate benefit plans (medical, dental, life insurance, etc). As instructed on your statement, be sure to review all information for accuracy. If you see something that needs to be adjusted, please do the following:

1. Mark up your Confirmation statement with the changes
2. Sign where indicated
3. Keep a copy of the statement
4. Return your form to your HR office asap

Changes must be signed and recorded by December 31, 2011.

Finally, if you recently discovered a change needed on your benefit package, just follow the steps above and turn your form back into HR.

## Support Services:

### Environmental Services Employee of the Month:

**October:** Mary Bolduc; for giving up vacation time on 2 occasions to help with coverage while we were short staffed.

**November:** Sarah Charette; Part Time employee that continually picked up extra hours to help the team while we were short staffed during high census.

### Congratulations!

### ES Scores Above 90th Percentile in Picker:

I would like to recognize our Environmental Services Team for raising Picker Scores above the 90th percentile! The Team has been working hard to improve their cleanliness scores and ended up surpassing not only the National Average (76.6%) but also scored above the 90th percentile (82.1%) with a score of 83.7%!

The ES Team selected improving their Picker Score for their Visibility Board and have tried multiple activities to help improve their scores, such as: team cleaning, ES Supervisor surveying patients for feedback on how to improve cleanliness, close monitoring of Picker Scores and keeping staff informed of those scores, scripting a greeting for the ES Aides when they enter a patient room to ensure the patient is satisfied with their service, etc.

Thank you Environmental for your hard work and dedication in keeping our hospital clean & safe and improving our cleanliness scores!

Mike Barnies

## WHA Giftshop

Christmas Sale

All Holiday Items

**45% OFF**

Dec 20<sup>th</sup> through Dec 31<sup>st</sup>

**70% OFF**

January 2<sup>nd</sup> - 10<sup>th</sup>

# Announcements

# WELCOME CMMF Newcomers

November 1 - December 20

## CURRENT ESEC EVENTS

CHECK OUT THE PORTAL FOR ALL OF OUR FLYERS UNDER THE SCROLLING EVENTS.

**FLAGSHIP CINEMA MOVIE PASSES (Good for ANY Flagship Cinema) ~ Only \$5.50 per ticket (\$2.25-\$2.50 savings) - Contact Deb Shennett @ 2522 - Or the Volunteer Office at 2470.**

**CINEMAGIC MOVIE PASSES ~ Saco, South Portland, Westbrook ~ Only \$7.50 per ticket (\$2.00 savings) - Contact Deb Shennett @ 2522**

**Mama Mia @ Merrill Auditorium (Ticket Only) ~ 01/14/2012 - \$63.00 - Jen Jordan @ 5523**

**Disney on Ice @ Cumberland County Civic Center ~ 02/11/12 - \$22.00 - Deb Shennett @ 2522**

**Stars on Ice @ Cumberland County Civic Center ~ 03/16/12 - \$35.00 - Deb Shennett @ 2522**

### Ski Discounts:

Sunday River/Sugarloaf - Vouchers Available  
Lost Valley - Tickets Available 12/1 \$23.00  
Deb Shennett @ 2522

**Snow Park Discounts:** Sea Coast Snow Park in Windham - Save \$2 per ticket for up to 4 tickets - Sue Hedrick 2472

### Sea World Parks

Coupons good for \$10 off a single day admission to Sea World, as well as similar discounts to other Sea World Parks including Aquatica, Busch Gardens, & Adventure Island. Please contact the Volunteer Office at 795-2470 or visit them on the 2<sup>nd</sup> floor near the Pharmacy to get your coupon.

**New England Aquarium/IMAX Theater Tickets**  
\$6.95-\$21.95 (Savings of \$1.00-\$6.00) - Deb Shennett @ 2522

**TicketsAtWork ~ CMMF employees are welcome to check out [www.ticketsatwork.com](http://www.ticketsatwork.com) and enter the corporate code CENTRALMAINEMED to view discounts offered at theme parks in all parts of the country - including Orlando - as well as discounts for entertainment events. When you sign in on the website click on "already a member" and enter the requested information using our corporate code where it asks for company code. It is preferred that you use your personal e-mail address rather than your professional one and that you use the website from home rather than from work.**

**Healthy Maine Partnership**  
Hofmann, Mary Lou

**Health Information Management**  
Bozzi, Cathlene

**Information Services**  
Barrows, Gregory T

**Finance**  
Dube, Ronda

**Collection Services**  
Burton, Lori M  
Caine, Christina  
Courchesne, Marc A

**CMMC Rehabilitation**  
Doucette, Danielle R  
Rust, Allyson N

**CMMC Maternity**  
Fontaine, Faith

**Orthopaedic Institute**  
Stuart, Tracey A

**Med Surgery**  
Barker, April  
Dubuc, Keith R

**ICU**  
Cote, Chad E  
Minott, Rachael E

**Cardiac Single Stay Unit**  
Belanger, Sophie M  
Boivin, Mary E  
Hammonds, Amy L

**NICU**  
Reed, Crystal E

**Pediatric Adult Med Surgery**  
Rich, Brooke D

**Case Management**  
Champagne, Lorrie F

**Central Staffing**  
Fraser, Jody A

**Operating Room**

Henning, Kathleen M  
Wright, Melissa L

**Endo Minor Surgery**

Benson, Brittney L  
Sommers, Bernice M

**Pathology**

Madore, Stephanie L  
Pelletier, Flora M

**Sleep Lab**

Fidler, Jenny L

**Cardiac Cath Lab**

Leveille, Josee C

**Ultrasound**

Mead, Pollyanna D

**Emergency Department**

Campbellton, Dennis W

**Emergency Department Physicians**

Stepp, Shawn

**Family Medicine Residency**

Beal, Sally  
Rohani, Ideh

**Lisbon Family Practice**

Varady, Angella M

**Pediatrics**

Therrien, Kayla L  
Yahnel, Rebecca L

**Family Practice**

Owen, Ashley L

**Topsham Family Medicine**

Margerison, Lisa A

**Bariatric Surgery**

Smith, Jessica L

**Surgical Specialists**

Collingwood, Jennifer L

**OB GYN**

Jackson, Kathy A

**CT and Vascular Surgery**

Quigley, Kevin T

**Central Maine Gastroenterology**

Morrill, Sarah

**Central Maine Pain & Headache Center**

Lowell, Christine S

**Clinic Administration**

Lovett, Angel H

**Food Services**

Henry, Remembrance  
Milliken, Benjamin W  
Oshansky, Marc Z  
Packard, Morghan A

**Social Services**

Bordas, Leigh-Anne

**Environmental Services**

Croyle, Calvin P  
Ellis, John J  
Fongemie, Todd R

**Research**

Barry, Michelle M  
Jukes, Jane A

**College of Nursing & Health Professions**

Rocque, Jenna

**Bolster Heights Residential Care**

Pushard, Jan  
Wyman, Dorothy  
Waters-Myers, Keiyana

**HAPPY New Year**