



## ASSOCIATE VOLUNTEER PROGRAM

### *What is an Associate?*

Associates provide valuable services as goodwill ambassadors, friend/fund raisers and as financial supporters for Central Maine Medical Center. As an important component of the Central Maine Healthcare Development Office, an Associate's active participation is integral to the success of the program.

Luncheon meetings are held the second Monday of the month, September through June. As fund raisers and "friend raisers", Associates are instrumental in raising hundreds of thousands of dollars to benefit hospital programs and services. These volunteers have played a critical role that results in contributions from special events hosted by the Associates, such as the CMMC Spring Gala, the CMMC Fall Golf Classic, and an Annual Community Business Drive.

Associates help us in many ways by:

- ❖ Attending Associate monthly meetings to learn about the many programs and services of Central Maine Medical Center.
- ❖ Serving as an ambassador and advocate on behalf of Central Maine Medical Center in their workplace, with their friends and family, and in our community.
- ❖ Participating in any of our special events or in our annual Community Business Drive.
- ❖ Being an active member of one of the Associates standing committees.

### *What are the benefits of helping us as an Associate Volunteer?*

- ❖ At our free monthly "lunch and learn" meetings, Associates learn how to take charge of their health and what resources are available to their families, coworkers, and community.
- ❖ Membership, at a nominal fee of \$15 a month, at the CMMC Health and Wellness Center.
- ❖ Associates are offered an opportunity to participate in fun events that raise funds for patient services, and in turn, help CMMC to provide the highest quality healthcare, close to home for our families, friends, neighbors, and coworkers.