

EMPLOYEE ROUNDS

News for Employees from Employees



Bridgton Hospital Central Maine Medical Center Rumford Hospital

May 19, 2005

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Happenings



These Rumford Hospital nurses were selected for GEMS awards in this first call for applications. Left to right they are: Michelle Gilbert, RNC, is a certified obstetrical nurse in the Family Birthing Center who has attained the Diamond level. Wendy Hebert, BSN, Diamond level GEMS, is the clinical coordinator of the Special Delivery Family Birthing Center. Lisa Hodgkins, OCN, Oncology Certified Nurse, has achieved the Diamond level. Sylvia Goodman, RN, Intensive Care Unit, has been awarded the Diamond level. Marie Charleston, RN, coordinator of ASU and PACU, has attained the Ruby level. Heather Kellogg, RN, who works in the OR, has been awarded the Ruby level in GEMS. Karen Cole, RN, CEN, Unit Coordinator of the Emergency Department, has been designated a Diamond. Timia Seager, RN, an Emergency Department nurse, has been named to the Sapphire level. Kim Akers, RN, of the ASU has been named to the Ruby level.

Not present when the photo was taken were Deborah Gorham, RN, Rumford Hospital's Cardiac Rehabilitation Nurse, Diamond level; and Pamela Poisson, RN, CEN, of the Emergency Department, Diamond.

Winnie R. Moore Nurse of the Year Award Recipient at Bridgton

In honor of National Nursing Week, May 2-7, John Ludwig, R.N., Vice-President of Administration, announced the 2005 recipient of the Winnie R. Moore, R.N., Clinical Nursing Award.

The 2005 winner is Donna Goodridge, R.N., a nurse in the inpatient unit. The medical staff of Bridgton Hospital determines the award.

Ramesh Gaindh, M.D., President of the Bridgton Hospital Medical Staff, made the announcement. Mrs. Goodridge was presented an engraved commemorative Revere pewter bowl, a monetary gift from the medical staff and a gift certificate to her choice of Maine stores. In addition, Ann Donahue, RN, the 2004 Winnie Moore Nurses Award recipient, handed down a candle in a simple wood candleholder representative of Florence Nightingale, the founder of modern nursing and the "Lady with the Lamp."

Mrs. Goodridge will have her name added to the permanent plaque located on the Kendal and Anna Ham Inpatient Wing of the hospital.

In recognizing Mrs. Goodridge, Dr. Gaidh lauded her highly competent, caring and compassionate nursing skills. A nurse at Bridgton Hospital since 1987 and Mrs. Goodridge is a resident of Greenwood, Maine.



Donna Goodridge, R.N., center, 2005 Winnie R. Moore Clinical Nursing Award recipient. Also pictured are colleagues, left to right, Pamela Crawford, RN, John Ludwig, RN, Jill Rollins, RN, Bobbi Cribby, RN, and Donna Joyce, RN.



Quality



Customer Service



People



Growth



Finance

For Your Benefit

Last call for three insurance plans!

The Open Enrollment period for the three voluntary benefit plans is ending. Effective May 20, 2005, the window closes on the opportunity to enroll in:

- ☉ Short Term Disability through Medical Life
- ☉ Accident Insurance through Allstate
- ☉ Vision coverage through VSP

If you are interested in enrolling or have questions on coverage levels or premiums, call EBM today at 1-888-269-2744.

Spring Cleaning Day in Rumford

April 15th was once again Spring Cleaning Day in Rumford. Annually, Rumford Hospital, Swift River Health Care, and the Elmore-Dixfield Center staff roll up their sleeves for Spring Cleaning Day. Environmental Services and Facilities staff assist all departments in providing rubbish removal and volunteers assist in mountains of shredding. A pizza party is held at lunchtime in the cafeteria. Areas that are “most improved” by the end of the day won a “shovel-full of candy” and a departmental pizza party to celebrate. The 2005 Spring Cleaning winners were: the Intensive Care Unit, Swift River Health Care, Maternity Department, Radiology, Medical Staff Affairs, and the Specialty Clinic Area. Congratulations to all!



HIPAA Question of the Week CMH HIPAA Hotline Number: 795-2906

Q: Is it a HIPAA violation when two nurses, who share in a patient's care, are discussing the patient's care, where other nurses not involved with the patient are seated?

A: Yes, this can be a violation of HIPAA depending on the situation. If the two nurses were talking at the Nurses station, it would be considered incidental exposure. However, if the nurses were in the cafeteria, or eating lunch with other nurses, who are not involved with the patient's care, then it is a HIPAA violation.

Q: Does the Notice of Privacy Practice need to be on display in all waiting rooms?

A: Yes, it must be posted in a clear and prominent location, all waiting areas, where it is reasonable to expect individuals seeking service to be able to read the notice. However, this is not a substitute for actually giving the notice to an individual at their first visit, warns the agency [12/28/2000 FR, p. 82724].

FYI

***Let the fun begin —
Tickets Available
Today!***

The CMMC Human Resources Department has discount tickets to the following fun parks:

- Water Country \$23
- Canobie Lake Park \$21
- Funtown/Splashtown Combo \$22
- Funtown Only \$17
- Six Flags \$24
- Story Land \$20 with badge (no ticket needed)

All the parks will be open for business Memorial Weekend with the exception of the water parks which will be open mid-June.

Tickets for the fun parks will be available for purchase in Human Resources starting May 26 and will be available throughout the summer 8am to 4pm. Discount Flagship movie tickets are available year round for \$5.50 each.



National Nurses Week at Central Maine Medical Center

Nurses had a lot to celebrate during National Nurses Week and took full advantage of their week with lots of recognition activities and fun.



Rumford Hospital fields largest Walk America team



RH's Walk America team – 31 plus strong – was by far the largest team walking in the local fundraising event. The team raised more than \$2,600 for the March of Dimes. Captained by Medical Records staff member Sharon Kennedy, supported by Special Delivery Family Birthing Center staffers Becky Hall, RN, and Michelle Gilbert, RN, the team had members of all ages who wore bright blue t-shirts with the RH logo. Even a dog sported a logo emblazoned tee.



Administrative Professionals Day was celebrated in style at CMMC on April 26 with a hearty breakfast, a gift and some sincere words of praise and encouragement from Peter Chalke and Laird Covey.

Monthly Meditations

The Monthly Meditations from The Dept. of Pastoral Care are now available in Pub_Docs. You can access them in: L:\PUB_DOCS\Chaplain Meditations

WELCOME CMMC Newcomers

Lewiston Campus

Jacob Anderson — Occupat Therapist, Occupational Therapy
William Claxton — Food Serv Aide, Food Services
Linda Cloutier — Envir. Serv. Aide, Environmental services
Andy Damon — CST, Operating Room
Laurie Dickinson — Patient Services Rep, Cardiology
Greg Kellough — RN, Employee Health Services
Ellen Palmer — Phlebotomist, Pathology
Philip Poling — Nuclear Med Supervisor, Nuclear Medicine
Brian Pulk — Residential Dietary Aide, Bolster Heights
Paul Remillard — Linen Service Aide, Bolster Heights
Jill Smith — RN, Maternity
Karla Waldo — Phlebotomist, Pathology

Bridgton Campus

Holly Benson — Switchboard Operator, Admitting/Central Registration
Kimberly Elliott — Clinical Assistant, Internal Medicine
Carol Skillings — CNA, Emergency Department
Courtney Underwood — Patient Services Rep, Admitting/Central Registration

Rumford Campus

Katherine Cox — Medical Assistant, Swift River Health Care
Janice Durland — Patient Services Rep, Admitting/Central Registration
Robin Gilbert — RN, Emergency Department
Pamela Lee Griffin — Phlebotomist, Pathology

Your input is always welcome

Please remember that the *Employee Rounds* is for you. Submit suggestions for future editions to Tom Reichard at the Employee Center, or email them to reichart@cmhc.org



Heart Health Minute

If there's any reason to suspect that a heart attack is occurring, get to an emergency room as quickly as possible, by calling 911. The sooner treatment begins, the better your chances of a good recovery.

Contributors to this issue

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