



CENTRAL MAINE MEDICAL CENTER LABORATORY
300 Main St., Lewiston, Maine 04240 Phone: 795-2330

INSTRUCTIONS FOR SPECIMEN COLLECTION AND HANDLING OF SEMEN
(Post Vasectomy Samples)

Patient:

- Collect the semen sample following a 2 to 7 day period of sexual abstinence.
- Do not use lubricants or condoms in specimen collection. These can potentially affect test results.
- Collect the complete specimen
- Ejaculate into a clean, dry, sterile specimen cup
- Note the collection time: _____
- Deliver the sample to the laboratory no later than 1 hour after collection.
- Keep the sample warm after collection. Keep it close to your body while transporting it to the laboratory at 12 High St, Lewiston. (Hours: M – F 6:30AM – 6PM; Sat 7AM – Noon)
- Thank you for your cooperation.

Lab: When a patient brings in a semen specimen for testing, please make sure all of these questions are answered before the patient leaves. Label the sample.

Patient Name: _____ Patient DOB: _____

Days of abstinence prior to collection: _____

Date of collection: _____

Time of collection: _____

Was a condom used? If yes, reject sample: _____

Was lubricant used? If yes, reject sample: _____

Is this a complete specimen? If not, reject sample: _____

Was the specimen kept warm: _____

Type of specimen container: _____

Initials of lab employee receiving this specimen: _____

Date/Time Sample Received: _____

Note: *If the sample is rejected for any of the above reasons, review the collection procedures with the patient before he leaves.*

Send the specimen and this completed form to the main laboratory promptly for analysis. Any questions, call hematology.

Time of specimen analysis: _____

Liquefaction Adequate?: _____

Attach this form to the work card. Tech: _____